

Exploring Learning Styles for Effective Instruction - Nancy Bjorkman
Heppner's Legacy Homeschool Resources - www.legacyhomeschool.com
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MODALITIES: How do I learn best?

Visual –	
Auditory –	
Kinesthetic –	

LEARNING STYLES: How do I behave while I'm learning?

Thinker ⁺ – Perfect Paula* – Beaver [#] – Melancholy/Compliant –	black & white, precise, exact, organized, meticulous, scheduled, on-time, planner, logical, careful, facts, clear expectations, lists, perfectionist, routine, order, independence, give me the facts, wants authoritative input, what are the rules, textbooks, deadlines, memorization and drill
Feeler ⁺ – Sociable Sue* – Golden Retriever [#] – Phlegmatic/Steady –	relational, feeling, emotional, romantic, personal, biographies, togetherness, non-confrontational, teams, committees, people person, wants to know the who, teams, likes cooperative efforts
Sensor ⁺ – Wiggly Willy* – Otter [#] – Sanguine/Influential –	doer, hands-on, project oriented, get it done, crafty, practical, efficient, demonstrators, movers, investigator, physical, hate being bored, live for the moment, needs short term goals and immediate rewards and feedback, chooses play over work, impulsive, short dynamic lessons, games, field trips
Intuitor ⁺ – Competent Carl* – Lion [#] – Choleric/Dominant –	what-ifs, possibilities, dreamers, idea generators, cogitators (take time to ponder, dream and create – then DO!), inventive, imaginative, ingenuity, designers, likes flexibility, brainstormer, take charge, get it done

EIGHT INTELLIGENCES (Howard Gardner): **Natural** potential and talent

Logical-mathematical Number smart –	
Linguistic – Word smart –	
Bodily-kinesthetic – Body smart –	
Musical – Music smart –	
Spatial – Picture smart –	
Interpersonal – People smart –	
Intrapersonal – Self smart –	
Naturalist – Nature smart –	

ENVIRONMENT:

Sound –	
Interaction –	
Body position –	
Lighting –	
Temperature –	
Food –	
Time of day –	
Color –	

SPIRITUAL GIFTS –

Exhortation
Giving
Leadership
Mercy

Service
Administration
Discernment
Faith

Helps
Knowledge
Teaching
Evangelism

Hospitality
Martyrdom
Missionary
Pastor

“It is nothing short of a miracle that the modern methods of instruction have not yet entirely strangled the holy curiosity of inquiry”. – Albert Einstein

“Most children can master the same content, HOW they master it is determined by their individual styles.” - Rita Dunn

Resources:

The Big What Now Book of Learning Styles – Carol Barnier

The Way They Learn – Cynthia Tobias

100 Top Picks for Homeschool Curriculum – Cathy Duffy

Educating the WholeHearted Child – Clay & Sally Clarkson